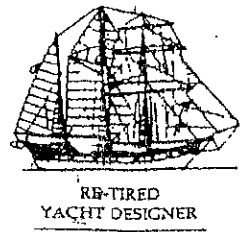


James D. Rosborough



311-5230 TOBIN ST. Halifax, NS B3H 1S2

Tel: (902) 425-2863

EVERYWHERE,

NOW.

Dear ACIM Student / Teacher: -

Here we are at the beginning of ACIM text again! For some of us older ones, it may be the last time we go through "The Book" in detail as it is "constructed and worded". It is as though we have already enjoyed the cake and are now going through it one last time, to gather up any crumbs we missed before.

Hopefully, most have completed their quest as a seeker and are now a pilgrim. We have come to "the branching of the road", and have chosen the PATH HOME. We are firmly committed to that path and determined to cross the "bridge of forgiveness" to the "real world of the Holy Spirit" when we read it.

So if you choose to join us again on our "journey Home". We will love your company. The journey is our commitment, the "time" is optional. Our "study group meeting" within the dream is still at the Re-Hab, (corner of University and Summer Streets), almost every Monday evening 7:30 – 9:30 PM - no cost nor obligation. Join us – we've missed you.

The WAY of the OPEN HEART and Messages from SPIRIT

The main purpose for meditation is to enter the quiet. Sit on a firm chair, feet on the floor, hands in lap, palms open and upward, totally empty. This signifies your readiness to receive. Quiet comes from you and is offered upwards. When you are quiet enough, STILLNESS will descend on you bringing the PEACE you desire, above all else. If there is a message for you, it will follow.

Prayer – When your eyes close, your heart opens. When your heart rings, answer. It's Spirit for you.

There is a reason we have 2 eyes, 2 ears, but only one mouth. We are to look and listen 4 times more often than we speak.

When you are talking, thinking, or busy doing, it is almost impossible to hear anything.

We learn as we become a human BEING, not a human DOING. In the silence, you will find ME.

Ego's diabolical plan is to keep you out of your SPIRIT MIND and into your body/world. Remember, you can't be in two places at the same time. When you are in your body/world, you are out of your mind.

The Sun always rises, and the light always dispels darkness.

Your SPIRIT MIND is the EXTENSION of GOD'S MIND, and as such, it is PERFECT, COMPLETE, JOYOUS and ETERNAL.

Your EGO (**E**asing **G**od **O**ut) mind is the unreality you dreamed up and is the home of FEAR (**F**alse **E**vidence **A**ppearing **R**eal), leaving you in SIN (**S**elf-**I**nfllicted **N**onsense). Wake up and smell the roses!!!

– What you observe as outside you is really an outward manifestation of an inward condition. “Seek not to change the world, but rather change your mind ABOUT the world.” 2012 is the “year of change” and we are its appointed saviors.

– “Projection makes perception”. If only you were a nicer person, I would be happy! (EGO).

ADAM'S DREAM

In the story of the “Garden of Eden”, we are told that in the end Adam “Fell into a Deep Sleep”. Nowhere does it say that Adam ever woke up! That is because Adam never did wake up. He is still asleep and dreaming his dream of a body/world! And we are all Adam! In no way was the dream ever real, but we have come to believe it is. That translates into the FACT that there is no world, no galaxies, no physical universe, and no physical you!

That means that the only real you is your Spirit Mind as created by your God, as the extension of His Mind. You thought you made your ego mind late, for a journey into specialness, which you decided you would like to make. It is not so. Ego is not real and never was. But in your dream, you think it is. Ego knows not of Truth, God, or Spirit Mind. But is deathly afraid you might choose to stay in Spirit Mind. Ego's whole diabolical plan is to keep you mindless in the body/world he has for you.

Until you can finally realize and firmly believe this to be TRUE, you will be lost to wander with ego. How do we escape our dream? We WAKE UP and exclaim, “Boy, I sure am glad **THAT** was a DREAM!! Welcome HOME!

When Helen Schucman was half-way through her seven years of scribing ACIM, she was asked, “What do you think of this material now?” She replied, “I KNOW it is all true, but I don't believe it”. Well, that is exactly where even some advanced students are about ACIM. Our problem is our lack of belief. We may understand and agree with it intellectually, but fail to accept it as TRUE in our heart. That is why LOVE cannot be defined, but must be felt!

Until we accept it and BELIEVE IT, there is NO HOPE! THERE IS NO WORLD! THIS is the TRUTH that will set you free! So FORGIVE YOURSELF for what you thought was real, and accept the TRUTH instead!

Another startling thought: – Your brain cannot think, and your body cannot feel. These functions are done in your MIND! Brain is simply the connecting link between mind and body. The proof is in the person who goes into the hospital for a surgery. The anesthetist puts the brain to sleep and the surgeon can cut up the body as required. Nothing is felt. The mind remains conscious through it all and may later describe the process and surroundings! Think about it.

You still have the Mind God created you as. Your one problem is that you have forgotten What you are.

Join us at ACIM study group and we will rediscover **IT together!**